# lunch MENU

11.30am until 5pm Monday to Friday 1 COURSE £9.95 / 2 COURSE £12.95 / 3 COURSE £15.95

# STARTERS

Soup of the day 450kcal with crusty bread

**Wedge Salad** آن الا<sup>\*</sup> عمیر with crisp lettuce, cucumber, chipotle mayo, pico de gallo & grated Parmesan

Buffalo hot cauli wings (V) (F) 442kcal spiced coated and fried cauliflower with ranch dressing and pico de gallo

### MAINS

Lunch Signature Burger 1982kcal

House recipe beef patty served in a brioche bun with skin on fries, battered onion ring, smoked streaky bacon, cheese, crisp lettuce, red onions & house burger sauce. **+£2** 

Bacon chop & egg Gf 780kcal with chunky cut chips

Scampi 'n' chips 1029kcal with peas & tartare sauce +£1

Caesar salad 742kcol with crisp lettuce, anchovies, Caesar dressing & grated Parmesan. Add streaky bacon & grilled chicken 202kcol +£3.50

Pork and wild garlic meatball Rigatoni pasta 1392kcal with melted cheese, tomato and basil pesto

Lemon & Parmesan crusted chicken Schnitzel 664kcal with fried egg, capers & Caesar gem

Sandwiches All served on ciabatta or wholemeal roll with chips & salad

Grilled chicken & bacon 949kcal | Fish finger 1144kcal Halloumi finger 🕑 1316kcal | Cumberland sausage & caramelised onion 1155kcal

### DESSERTS

**Double chocolate brownie** (Gf) 659kcal with rich chocolate sauce & vanilla ice cream

Sticky toffee pudding Gf 649kcal with toffee sauce & vanilla ice cream

2 scoops of Marshfield farm ice creams (v) 300kcal or sorbet of the day served with a wafer (ve) 70kcal Clotted cream vanilla | Chocoholic heaven | Salted caramel | Succulent strawberry



000kcal = calorie content of meal. Adults need around 2000kcal a day \*Kcal correct at time of printing for latest kcal please visit our website

# BREAKFAST & BRUNCH

#### Served daily until 2pm

#### THE BENEDICTS

Classic eggs benedict 760kcal 8.99 on a warm English muffin with ham, poached eggs & hollandaise

Eggs Florentine (V) 701kcal 8.75 on a warm English muffin with wilted spinach, poached eggs & hollandaise

Eggs Royale 768kcal 8.99 on a warm English muffin with smoked salmon, poached eggs & hollandaise

#### **BREAKFAST & BRUNCH FAVOURITES**

Double sausage, cheese & egg muffin 1886kcal 8.99 with hash browns

with hash browns

American style pancake stack 780kcal 8.99 with crispy bacon, toasted pecans, blueberries & maple syrup

Full English breakfast 1268kcal 9.99

with sausage, bacon, black pudding, hash brown, baked beans, mushroom, cherry vine tomatoes & toast Choose how you would like your eggs: poached, scrambled or fried

Full Veggie breakfast (V) 1089kcal 9.99

Baked beans, mushrooms, tomato, veggie sausage, hash brown, avocado, spinach & toast Choose how you would like your eggs: poached, scrambled or fried

#### Smoked salmon 862kcal 9.50

with scrambled eggs, cherry vine tomatoes on malted bloomer

#### Smashed avo (V) 587kcal £8.99

with cherry vine tomatoes on malted bloomer Choose how you would like your eggs; fried or poached

# HOT DRINKS



Proudly served with Moon Roast small batch coffee, roasted in the heart of rural Hampshire.

Americano 38kcal	3.00
Cappuccino 122kcal	3.50
Espresso 23kcal / 23kcal	2.50 / 3.00
Latte 142kcal	3.50
Flat white 140kcal	3.30

Macchiato 13kcal	3.00
Tea 56kcal	2.75
Specialist tea okcol	3.00
Mocha 394kcal	3.75
Hot chocolate 234kcal	3.50